

Outpatient Services Substance Use and Co-Occurring Disorder Program

Services Offered

Zeno Wellness Group is designed for participants with a chemical dependency and substance addiction who are beginning recovery. The program allows participants to receive the help and therapy they need with minimal disruption to their lives.

- Holistic Wellness
- Family Support Services
- Intensive Case Management
- Peer Support
- Collaborative care
- Comprehensive screening and assessment
- Individual treatment planning and review
- Individual and Group therapy (In person and Telehealth)
- Psychoeducational programming
- Discharge planning and linkage to additional step-down community supports



Who Can Benefit

- Those who can benefit from this program include:
- Any person 18 years or older experiencing daily stress and functioning from a chemical dependency and/or a substance addiction.
- Participants with a readiness for change.
- Anyone that can benefit from a structured and protective Environment, yet does not need 24-hour care.
- Anyone with a primary substance use disorder and/or co-occurring disorders.
- Serving Civilians, Veterans, Military Spouses.

Getting Started

Our program is currently offered in person and/or virtually. For a confidential screening or to refer a participant, please contact us.

A referral is not required to be admitted to the program. However, referrals can be made by the following people or agencies

- Psychiatrist or therapist
- Healthcare provider
- Local Community Service Board
- Community Partners

We work with most major Commercial and Medicaid Insurance Providers.

We accept Flexible Spending and Health Savings Accounts.

Private Pay and Scholarship opportunities may be available.

For more information please contact us: